

Greetings Families & Friends,

Autumn is finally upon us! With the change in seasons, Centennial Healthcare & Rehabilitation Center is off and running with an exciting array of holiday activities. We recently had Halloween festivities for residents and staff featuring costume dress-up and a pumpkin carving contest which was won by our excellent Concierge, Khalila Little.

At our special Veterans Day luncheon, each of our Veterans was presented with an "Appreciation of Service" certificate. Our eagerly awaited Annual Prom will take place at the end of November. Residents dress up in 'Evening, Night Out on the Town' wear and enjoy live entertainment and delicious food. This year's theme is 'The Motown Sounds'.

On the clinical side, our new Dialysis Program is now up and running, so residents with Chronic Kidney Disease can be conveniently treated in-house.

We invite you to visit us and experience life at Centennial Healthcare.

P.S. For your own safety and the safety of others please make sure you get your flu shot.

My Best,



GREG MONROE, ADMINISTRATOR



Honoring Our Veterans 365 Days A Year

As a VA contracted facility, Centennial Healthcare & Rehabilitation Center is home to quite a few veterans who have served our country with distinction in the US Armed Forces.

We have initiated a uniquely specialized "Veterans Experience" as we care for our distinguished vets on many levels, meeting their physical, spiritual and social-emotional needs. Our objective is twofold: To enhance their comfort – making them feel at home, and to show our respect and appreciation for those willing to sacrifice for our safety.

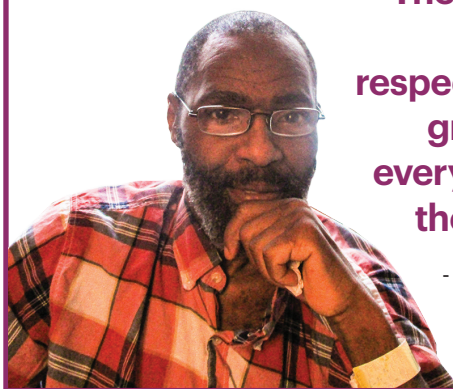
With an American Flag draped at the entrance, our dedicated Veterans Wing embodies a patriotic ambiance with attention to details big and small . . . from the model airplanes that will line our hallways to the flags displayed at every door identifying each resident and their branch of service. In our special Veterans Lounge, with large framed military posters adorning the walls, our vets enjoy a familiar and welcoming setting where they can relax, play games and shoot the breeze.

"Every new admit receives a cap emblazoned with 'We Support Our Vets' and an army-style ID tag," says Sam Krohn, Vice President of Operation. "We want our veterans to know how much we value them on a daily basis and recognize that they are members of a special club. We have plans to create a Wall of Honor showcasing our veterans and have ordered camouflage jackets for all the caregivers in this wing."

Centennial's recreation team has structured an activities program geared towards our veterans' interests, featuring history movies, happy hour, chat groups and special trips.



NOTED & QUOTED



“The therapy team here is very respectful & they’re great at getting everyone to where they want to be.”

- WILLIAM MOSES
COPD Resident
at Centennial

William Moses, a Master Barber, was known for his golden hands and served the Baltimore community for close to two decades. He stopped working after he was diagnosed with Lung Cancer. Following a hospitalization this past summer at Temple Hospital that left him non-weight bearing, he chose to stay in his hometown of Philly for rehabilitation. He arrived at Centennial in poor spirits – on oxygen and with a boot on his foot for support. Enveloped by the love and concern of our staff, he now considers himself part of the family and always has a smile on his face and a good word to share. Having undergone intensive therapy twice a day, he is now off oxygen and can bear partial weight. Centennial’s staff and therapists have made it to Mr. Moses’ “A” list!

Recreational Highlights

At Centennial, our dynamic activities staff keeps our residents busy and engaged with exciting programming . . . pumpkin art, pizza baking & computer classes sponsored by Ralston Wellness – to name a few.



And our team came in 5th place in the 2017 Golden Games! Sponsored annually by CARIE (Center for Advocacy for the Rights and Interests of the Elderly), this olympic-style event brings together over 140 older adults from long-term care facilities across the region for a day of exercise, sportsmanship and fun.



OCTOBER EMPLOYEE OF THE MONTH



Leonna Lindsay
Activity Aide

Our residents love Leonna, and she loves interacting with them as well – bringing fun and positive energy to every activity. Join us in congratulating Leonna.

NOV 2 | Live Entertainment
with Jimmy Wells

NOV 7 | Election Day “Let’s Go Vote”

NOV 8 | Veterans Day Program

NOV 9 | Soul Circus Trip

NOV 22 | Thanksgiving Social

NOV 24 | Live Entertainment
with Herb Smith

NOV 28 | Resident Council Meeting

NOV 30 | The Sounds of Motown
(Centennial’s Annual Prom)
Formal Dance starts at 6pm

Cooking Group

Every Wednesday, 2:30 pm

NA/AA Group

Every Wednesday, 2 pm | Chapel

STAFF:

11/6 Millicent Chambers-Gray
11/7 Amani Brown
11/9 Marie Leney
11/10 Bettyann Clarke
11/13 Tinea Young
11/14 Frances Nickerson
11/19 Nasheka Marchant
11/22 Kiairra Baxter
11/27 Nicole Atkinson
11/28 Tarina James
11/29 Saquitia Stroman

RESIDENTS:

11/01 Stephen D.
11/02 Noemi M.
11/03 Paul C.
11/03 Barbara S.
11/04 Eugene J.
11/06 Thelma W.
11/07 Dorcas D.
11/08 Doris J.
11/09 Leroy A.
11/10 Nathaniel W.
11/12 Scott W.
11/24 Charles B.
11/24 Chiquita G.
11/26 Linwood D.
11/26 Cliff W.
11/27 George P.
11/30 Sunshine F.

